

# *Specific Respiratory Nursing Diagnoses*

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# معرفي بیمار

خانم ساروی ۶۴ ساله، با علائم سرفه، بیحالی و ضعف،  
و تنگی نفس مراجعه نموده است.

در بررسی بیمار سیانوز لب ها مشاهده می شود،  
در سمع کراکل در نواحی پائینی هر دو ریه شنیده می شود؛  
نشانه های بالینی بیمار به شرح زیر است:

PR:88bpm, RR:25bpm, T:38.7° C, BP:138/88 mmhg

برای بیمار ABG انجام شده است که نتایج آن به شرح ذیل است:

PaO<sub>2</sub>:70 mmhg, SaO<sub>2</sub>:92%, PH:7.48, PaCO<sub>2</sub>:31mmhg ,  
CO<sub>3</sub>H:23mEq/lit, BE:+1.5

# *DATA ANALYSIS*

*Subjective  
Data*



*Objective  
Data*

*Nursing  
Diagnosis*

*SPECIFIC  
RESPIRATORY  
NURSING DIAGNOSES*




# ***IMPAIRED GAS EXCHANGE***

*Related to:*

- \* Alveolar - Capillary Membrane Changes*
- \* Altered Oxygen carrying Capacity of Blood*
- \*  $V/Q$  Ratio Mismatching*

# ***INEFFECTIVE BREATHING PATTERN***

***Related to :***

- \* Pain***
  - \* Anxiety***
  - \* Fatigue***
  - \* Tracheobronchial Obstruction***
  - \* Inflammatory Process***
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- The bottom right corner of the slide features a decorative graphic of several concentric, light blue circles, resembling ripples on water, set against the solid blue background.

# ***INEFFECTIVE AIRWAY CLEARANCE***

***Related to :***

- \* Excessive and Tenacious Secretion***
- \* Ineffective Cough***
- \* Pain***
- \* Tracheobronchial Infection***
- \* Decreased Energy and Fatigue***

*\* Activity Intolerance Related to Inadequate Oxygen for Activity and Fatigue*

*\* Anxiety Related to Breathlessness ,  
Fear of Suffocation*

The background of the slide is a solid blue color. In the bottom right corner, there are several sets of concentric circles, resembling ripples in water, rendered in a lighter shade of blue. These circles are of varying sizes and are positioned in the lower right quadrant of the slide.



*\* Sleep Pattern Disturbance*

*Related to Coughing, Inability to assume  
Supine Position*

*\* High Risk for Altered Nutrition: Less than  
Body Requirement Related to Dyspnea,  
Fatigue, Halitosis*